PLANT-BASED APPS

Apps • FoodMonster App- over 15,000 recipes and largest plant -based recipe resource to help reduce your environmental footprint. • ForksOverKnives-helps make convenient grocery lists and plant based meal ideas for • 101Juice Recipes-plant based juices • Healthy DessertsApp-plant based desserts • Vitamins101-helps us to choose plant based foods that will nourish our bodies DailyDozen-helps you keep track of how many servings of each type of food you have eaten, how much water you drank and if you exercised • OpenFoodFacts-scan barcodes on products to learn how healthy a product is through nutrition facts and ingredients.